

FALL LUNCH MENU

November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Monday, October 21 Peri Peri Chicken <i>Peri Peri Tofu</i> Spanish Rice Cucumber Salad Apple Slices	Tuesday, October 22 Penne Mostaccioli Garlic Green Beans Pear Slices	Wednesday, October 23 Turkey Meatloaf w/Gravy <i>Veggie Meatloaf w/Gravy</i> WG Roll Mashed Potatoes Pineapple	Thursday, October 24 Pizza Bread Marinara Sauce Broccoli Fruit Salad CHP	Friday, October 25 Ravioli w/Creamy Red Pepper Sauce & Mozzarella Cheese Steamed Peas Orange Slices
Monday, October 28 Southwest Chipotle Chicken <i>Southern Lentils</i> Cilantro & Spinach Rice Cauliflower Pear Slices	Tuesday, October 29 Penne Pasta w/Turkey Bolognese <i>Penne Pasta w/Veggie Bolognese</i> Green Beans Applesauce	Wednesday, October 30 Bell & Evans Chicken Nuggets <i>GF/DF/EF Veggie Nuggets</i> WG Bread Steamed Carrots Pineapple Ketchup	Thursday, October 31 Tortellini w/Marinara Sauce Mozzarella Cheese Broccoli Fruit Salad CHP	Friday, November 1 WG Chicken Patty <i>Black Bean Burger</i> WG Hamburger Bun Steamed Peas Orange Slices Ketchup
Monday, November 4 Kung Pao Chicken <i>Kung Pao Tofu</i> (Not So) Fried Rice Peas & Carrots Apple Slices	Tuesday, November 5 Creamy Mac N Cheese Green Beans Pear Slices	Wednesday, November 6 Salisbury Steak w/Mushroom Gravy <i>Veggie Meatloaf w/Gravy</i> WG Roll Broccoli Pineapple	Thursday, November 7 Turkey Sausage Patties <i>Veggie Sausage Patties</i> WG Pancake Cauliflower Melon Apple Cinnamon Compote	Friday, November 8 Bell & Evans Chicken Nuggets <i>GF/DF/EF Veggie Nuggets</i> WG Bread Steamed Peas Applesauce Ketchup
Monday, November 11 Penne Pasta w/Tomato Cream Sauce Mozzarella Cheese Green Beans Pear Slices	Tuesday, November 12 Chicken Tinga Taco <i>Veggie Taco</i> Flour Tortilla Red Pepper Strips Apple Slices Salsa	Wednesday, November 13 Turkey Chili <i>Three Bean Chili</i> Cornbread Roasted Potatoes Melon Shredded Cheddar Cheese	Thursday, November 14 Mushroom Chicken <i>Vegetarian Tenders w/Mushroom Sauce</i> Brown Rice Broccoli Fruit Salad CHP	Friday, November 15 Turkey Sloppy Joe <i>Veggie Sloppy Joe</i> WG Hamburger Bun Steamed Peas Appleberry Sauce
Monday, November 18 Peri Peri Chicken <i>Peri Peri Tofu</i> Spanish Rice Cucumber Salad Apple Slices	Tuesday, November 19 Penne Mostaccioli Garlic Green Beans Pear Slices	Wednesday, November 20 Turkey Meatloaf w/Gravy <i>Veggie Meatloaf w/Gravy</i> WG Roll Mashed Potatoes Pineapple	Thursday, November 21 Pizza Bread Marinara Sauce Broccoli Fruit Salad CHP	Friday, November 22 Ravioli w/Creamy Red Pepper Sauce & Mozzarella Cheese Steamed Peas Orange Slices

WG= Whole Grain
 CHP= Cantaloupe, Honeydew, Pineapple